

MONTHLY NEWSLETTER

SEPTEMBER 2023 | Vol. XXI



VISION

“A literate, healthy and self-reliant Community”

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;**
- *Enhance people’s skills, especially of the youth;**
- *Promote community self-reliance through community participation.**

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS**
- Empanelled by Institute of Corporate Affairs**
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)**

SUPPORT

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes. Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.



Empowering the Transgenders

In the bustling Kapashera area of South West District, NIPUN Transgender Clinic's Targeted Intervention (TI) project is creating a powerful impact. With support from the Delhi State AIDS Control Society and NACO, NIPUN is reaching out to transgender individuals.

Recognizing the unique challenges faced by transgender individuals, NIPUN is dedicated to providing comprehensive support, including regular medical checkups (RMP). The TI project aims to combat HIV/AIDS prevalence among this community in Kapashera and nearby areas, promoting empowerment, well-being, and the celebration of authentic identities. As NIPUN partners with the transgender community, the message is clear: *'Every identity matters, and compassionate care is a right.'*

Chand Par Bharat Uday

An exhibition was organized at Meera Bagh by the teachers for the children of Meera Bagh on the eve of Teacher's Day. These children come from the slums and J.J. Clusters and usually don't have access to newspapers. Efforts were made to scan the newspapers and paste clippings related to the recent success of the soft launch of Chandrayaan-3 at the South Pole of the Moon.

The exhibition witnessed a huge gathering of children, as they became inquisitive when our teachers from the Knowledge Enhancement Center explained India's mission of Chandrayaan-3.



HIGHLIGHTS

Transforming Lives Through Vision

A Free Eye Check-up Camp was held on 3rd September 2023 at NIPUN Swavalamban Evening Clinic, Kapashera, New Delhi in collaboration with Mahaveer International Delhi and SSS Foundation. During the camp, 211 (140 males, 68 females & 3 Transgenders) beneficiaries received comprehensive eye screenings; 5 individuals were referred for cataract operations; 100 beneficiaries received free prescription spectacles. The senior citizen patients with high blood pressure, blood sugar, and heart issues were identified and referred for immediate care. The camp also provided vital eye health awareness and hygiene education to the community, making a significant impact on the well-being of its members.

As we continue our mission to improve the lives of those in need, we kindly request your support. The NIPUN Swavalamban Evening Clinic plays a crucial role in providing essential healthcare services to underprivileged communities. Your assistance in the form of medicines, consultancy, or any other support will go a long way in ensuring that we can continue to make a positive impact on the lives of individuals in need. Your generosity can help us reach even more people and transform more lives. Together, we can create a brighter and healthier future for all.

If you would like to contribute or learn more about how you can support our efforts, please don't hesitate to get in touch with us. Your support is greatly appreciated. Thank you for being a part of our mission to make a difference.



HIGHLIGHTS

Teachers Day Celebrations at NIPUN

Wishing all our dedicated teachers a Happy Teacher's Day! Your passion and commitment inspire us every day. Thank you for shaping our futures.



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HIGHLIGHTS



"Faith in Krishna is the best and safest path"

NIPUN – Shiksha Saheli in South East Delhi celebrated Shree Krishna Janmashtami with great enthusiasm, where children adorned themselves as Lord Krishna, Radha, and Sudama.

The young beneficiaries of the Pre-School & Remedial Education Centers were beautifully dressed as Krishna and Radha.

As part of the celebration, a short skit was performed to convey the message of Janmashtami, which encourages goodwill and discourages ill will among kids. We extend our warmest wishes to everyone on the occasion of Shree Krishna Janmashtami.

Performances on the festival

NIPUN is dedicated to fostering the holistic development of children at construction sites in Noida.

Here are additional highlights from the captivating performance presented by the children of our Pre-School and Bridge Course units during the celebration of Shri Krishna Janmashtami.



LITERACY DAY

Padhna Likhna Sikho, Mehnat Karne Walon

Every year on September 8th, we commemorate Literacy Day to highlight the crucial role literacy plays in upholding human rights and dignity, and in building a sustainable society.

NIPUN is actively involved in providing Pre-School, Non-Formal, Remedial Education, Adult Education, and facilitating the transition of underprivileged children and children of construction workers into Government Schools.

NIPUN celebrated Literacy Day with great enthusiasm, spreading awareness among construction workers, migrant labourers, and the transgender community about the transformative power of education in human life.



HIGHLIGHTS

ONE EARTH - ONE FAMILY - ONE FUTURE

वसुधैव कुटुंबकम्

The NIPUN Shiksha Saheli project is dedicated to providing education to underprivileged children, fostering their holistic development.

The children at NIPUN Remedial Education Center showcased their creativity by crafting a beautiful G20 Rangoli logo using wheat flour.



Session on the G20 Summit

The educators at the NIPUN Knowledge Enhancement Unit recently conducted a session on the G20 Summit, which India hosted this year. During the session, the educators provided valuable insights to the students, highlighting the significance of the G20 Summit. They emphasized the themes of galvanizing green initiatives for One Earth, promoting inclusive growth as One Family, and harnessing technology for One Future.

The session saw enthusiastic participation from more than 30 children, who not only showed great interest but also showcased their creativity by creating flags representing all the nations participating in the G20 Summit 2023 in Delhi, India.

HIGHLIGHTS

Nutrition Week

National Nutrition Week (NNW), observed annually in India from September 1st to 7th, serves as a crucial awareness initiative promoting healthy eating habits and proper nutrition. At NIPUN, we joined the nation in celebrating NNW, where our educators conducted informative sessions. Our sessions covered topics such as the benefits of a balanced diet, the positive impact of proper nutrition, strategies to prevent diet-related diseases, and ways to address nutritional deficiencies. NIPUN consistently provides nutritious meals, including millets, cereals, pulses, grains, and fruits, to over 1000 children from families of construction workers and daily wage laborers.

To conclude our NNW celebration, we organized an exhibition, attended by the mothers of our children. The exhibition aimed to showcase and educate mothers about incorporating pulses, cereals, grains, leafy vegetables, and millets into their daily diets. Individual counseling was also offered to mothers of children facing nutrition deficits.

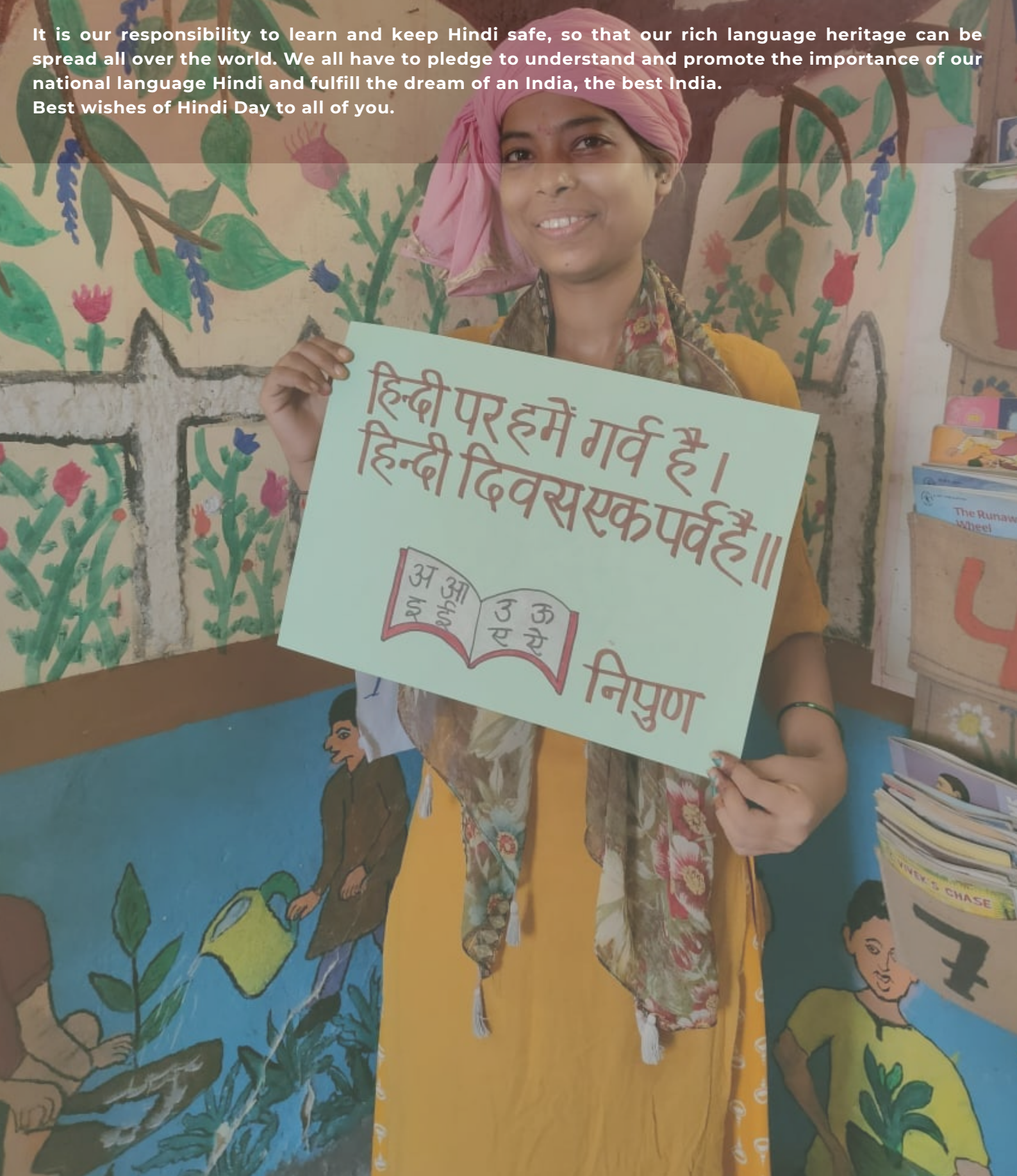
We appeal to you for your support in our mission to provide essential nutrition and education to these underprivileged children and their families. Your contribution can make a significant impact on their lives, ensuring they have access to nutritious meals and a brighter future. Together, we can make a difference and empower these young minds to thrive. Please consider donating to NIPUN and join us in this meaningful journey towards a healthier and more prosperous community.



HINDI DAY CELEBRATIONS

Hindi Day, is celebrated every year on September 14th, when there is an opportunity to remind the importance of Hindi language. Hindi is the national language of India and also the symbol of unity, diversity, cultural heritage and prosperous India. On the auspicious occasion of Hindi Day, we have to dedicate our mother tongue. Hindi is the right of our constitution and it also promotes us towards our national unity.

It is our responsibility to learn and keep Hindi safe, so that our rich language heritage can be spread all over the world. We all have to pledge to understand and promote the importance of our national language Hindi and fulfill the dream of an India, the best India. Best wishes of Hindi Day to all of you.



HIGHLIGHTS



A Vision Restored

Ram Charan Paswan, a 68-year-old resident of Bihar, found himself in a challenging situation. Presently, he had been living in Kapashera, where NIPUN has been actively engaged in community upliftment for the past decade. Kapashera, situated in South West District of Delhi.

Ram Charan Paswan was one of these residents, and he had been suffering from cataracts for the past eight years. Unfortunately, he had no family members who could provide the financial support needed for his cataract surgery.

However, a ray of hope arrived when NIPUN organized an Eye Check-up camp at its Swavalamban Eye-Clinic. A dedicated team of doctors and medical staff conducted a comprehensive eye examination, identifying Ram Charan with stage 3 cataract.

Without delay, he was referred to Mahavir Hospital for cataract surgery after receiving basic medication and eye drops. NIPUN's team provided invaluable assistance ensuring that the surgery was conducted free of cost.

Ram Charan Paswan extends his heartfelt gratitude to NIPUN, as he can once again see the beauty of the world clearly after eight long years. His story is just one among many; NIPUN has identified and arranged surgery for ten more deserving beneficiaries, making a significant impact on their lives.

Capacity Building at NIPUN

Sh. Mohit Kumar, Program Manager at NIPUN TG/TI completed a 3-day training program. The program, organized by Delhi State Aids Control Society (DSACS) and Alliance India, focused on topics such as use (SSU), HIV, STI, associated risks, and harm reduction strategies within the context of Targeted Intervention programs.

During the training, participants learned about integrating SSU-related harm reduction into TI programs, utilizing tools like Focused Group Discussions, and discussed deliverables and timelines.

Sh. Kumar received a certification of participation from Dr. Parveen Kumar, Additional Director, in the presence of Dr. J.K. Mishra, Joint Director, Delhi State Aids Control Society.



HIGHLIGHTS

Training at Day Care Center

NIPUN recently conducted a two-day Life Skills training program for the children of construction workers at the Day Care Centre in NOIDA from September 14th to 15th, 2023.

The program's primary objective was to equip adolescents, both girls and boys, with essential Life Skills techniques. The training module was meticulously crafted, encompassing various subjects, including the definition of Life Skills, dealing with peer pressure and bullying, addressing substance abuse, understanding child abuse and the POCSO Act, promoting gender sensitization, and emphasizing personal health and hygiene.

Our dedicated trainers fostered meaningful discussions, empowering young participants to grasp and embrace personal and relational changes, dispel misconceptions, and make well-informed decisions.

With great enthusiasm, 28 adolescents actively engaged in the training sessions, each of them receiving participation certificates as a token of appreciation.

We want to express our deep gratitude to Sh. Rajesh and Sh. Kishan from the Modi Care Foundation for their unwavering support throughout the program.



Educating the Working Women

The team from NIPUN Day Care Centre is providing education to women working in the construction sector in NOIDA.

We emphasized the significance of monitoring child growth and development, as well as promoting healthy practices regarding nutrition and personal hygiene. Additionally, the Day Care Workers encouraged parents to adhere to handwashing guidelines and maintain personal hygiene for the entire family.

The session saw active participation from 44 mothers who had the opportunity to address their questions and concerns.

HIGHLIGHTS

Ganesh Chaturthi Celebrations

The young learners of the Pre School (Balwadi) came together to celebrate Ganesh Chaturthi, commemorating the birth of Lord Ganesha with immense enthusiasm.

The vibrant colors and lively festivities infused our hearts with a sense of positivity and devotion.

To celebrate Ganesh Chaturthi, the young learners at our Bridge Course Education Center wholeheartedly engaged in a drawing contest centered on depicting Lord Ganesha.

NIPUN's young ones showcased their artistic flair by creating paper crafts during the Ganesh Mahotsav celebration.



CAPACITY BUILDING WORKSHOP AT NIPUN

The most effective educators are those who not only share knowledge but also ignite a genuine thirst for learning in their students.

A capacity-building workshop recently took place for the Pre-School staff at NIPUN Basti Pathshala in the Meera Bagh Slum community located in West Delhi. The workshop covered a wide range of topics, including the new education policy, curriculum development for Pre-Schools, teaching methods, evaluation techniques, classroom management, and the utilization of teaching and learning materials.

Furthermore, the workshop delved into the crucial roles and responsibilities of Pre-School educators, with a specific focus on assessment and learning outcomes of individual children.

During this workshop, a review cum capacity-building session was also held, drawing the participation of ten dedicated Pre-School Instructors from NIPUN.



Empowering Women: NIPUN's Commitment to Positive Change

Empowering women is not just a noble cause; it's an imperative for a nation's growth and development. NIPUN is dedicated to advancing women's empowerment by offering a wide range of initiatives aimed at creating livelihood opportunities.

Our women's empowerment program conducts regular sensitization programs, education and skills training workshops, and the formation of Self-Help Groups. We also facilitate job placements and support self-employment ventures. Through these efforts, we aspire to equip women with the tools they need to thrive.

In pursuit of this mission, NIPUN organizes diverse activities, including financial and legal literacy sessions, awareness campaigns against domestic violence, entrepreneurship development training, and exposure visits. We believe in nurturing motivation and effective leadership in women, empowering them to gain confidence and achieve their aspirations.

NIPUN-Vocational Education Training offers a variety of skills training courses, such as Self-Employment Tailor, Beauty and Wellness, Basic Computer, Tally & Accounting, and Retail Management. These courses are designed to maximize livelihood opportunities for urban poor women and adolescent girls.

In addition to these efforts, our organization operates Day Care Centers in slum communities and at construction sites. These centers provide essential care and safety for children aged from birth to 3 years, allowing working mothers to pursue their livelihoods with peace of mind. Our dedicated caregivers use a play-way method for educational activities, monitor the children's growth, and provide supplementary nutrition to registered beneficiaries. Additionally, a child specialist conducts routine health check-ups and growth monitoring.

At NIPUN, our mission is to empower urban poor women and adolescent girls, making them economically strong and self-reliant. We achieve this by providing day care center facilities for their children from birth to 5 years, alongside economic empowerment, education, skill development programs, and awareness campaigns. Till date, our organization has empowered hundreds of women and adolescent girls, and their journey toward a brighter future continues.



HIGHLIGHTS



Pledge for Health through the Nutrition Campaign

In September 2023, NIPUN Day Care Centres in NOIDA spearheaded a Poshan Abhiyan initiative aimed at combatting malnutrition among construction workers and their families. The primary objective was to enhance vital nutrition aspects for both children and women working at the construction sites.

During this campaign, caregivers organized informative sessions for construction workers, emphasizing the significance of incorporating food grains, vegetables, seasonal fruits, hot cooked Daliya, Khichari, and a balanced Aanz Mishran into their diets to promote physical and mental growth among their children and families. Remarkably, the Poshan Abhiyan initiative positively influenced the mindset of the construction workers.

An Event with Transgender Community

On September 29, 2023, the NIPUN Targeted Intervention Project in South West District, Delhi, organized a community event dedicated to the transgender community. The program commenced with the ceremonial lighting of lamps, followed by a warm welcome note and an insightful address by Shri Pradeep Kumar, Founder Secretary of NIPUN, highlighting the progress and challenges faced by the transgender community. The event saw enthusiastic participation from hundreds of transgender individuals who shared their personal experiences and challenges, adding vibrancy with colourful cultural performances.

Advocate Shri Sushil Kumar Singh, representing the Delhi Legal Services Authority in South West District, discussed the constitutional rights of the transgender community. Shri Naveen Kumar Kotiya from the District Magistrate's office, South-West district, informed participants about various Government of India schemes. Furthermore, Dr. Kalyani Mishra delivered informative talks on the importance of regular medical check-ups and how to access services provided by Delhi Government Hospitals. This day-long celebration concluded with a heartfelt vote of thanks and a communal lunch.



HIGHLIGHTS

Celebrating the Success of Young Entrepreneurs with Certificate Awards

The NIPUN-UMANG Vocational Training Centre's West Delhi unit proudly hosted its Certificate Distribution Ceremony on September 30, 2023. Ms. Jyoti, the Project In-charge, commenced the event by presenting a comprehensive half-yearly progress report on the vocational training centers. Following this, certificates were bestowed upon 60 ambitious young entrepreneurs who had successfully completed six-month vocational courses in Beauty & Wellness, Self-Employed Tailoring, Basic Computer Skills, and Tally & Accounting.

This Vocational Training Centre doesn't just impart skills; it also extends support for job placement opportunities and encourages the establishment of independent businesses. During the ceremony, the accomplished entrepreneurs shared their inspiring stories of how NIPUN-Vocational Training Centre has positively impacted their lives. In addition to these heartfelt testimonials, the young achievers treated the audience to vibrant cultural performances.

Shri. Pradeep Kumar, the Founder Secretary of NIPUN, extended his warmest congratulations to all the awardees, applauding their achievements and offering them best wishes on their exciting new journeys ahead.



HIGHLIGHTS

**“If you educate a man
you educate an
individual, but if you
educate a woman you
educate an entire
family.”
-Mahatma Gandhi**



APPEAL

NIPUN continues its efforts to achieve its vision i.e. literate, healthy and self-reliant Community through its various programmes. Your support shall strengthen the drive.

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